

Kingston and Area

Cultural Gatherings

Moon Ceremony

www.queensu.ca/fdasc/programs-and-services/cultural-programming/full-moon-ceremonies

Four Directions Student Centre, 146 Barrie Street, Kingston, ON K7L 3N6

Vanessa McCourt, Aboriginal Advisor - 613-533-6970

mccourtv@queensu.ca

Ceremony for women on monthly basis at the time of the full moon. Women and young women welcome. See website for details.

Water Ceremony

Laurel Claus Johnson

mamabear1944@gmail.com

All women welcome to gather in the Fall (November) and Spring (March or April) to carry out water ceremony. The site is usually on the lakefront, just west of Kingston General Hospital on King Street.

Early Learning, Language and Lifelong Learning

Aboriginal Teachers Education Program (ATEP)

<http://educ.queensu.ca/atep-community>

Faculty of Education, Room A244 Queens University, Kingston, ON K7M 5R7

1-800-862-6701

atep@queensu.ca

Full-time campus-based program provides opportunity for teacher candidates to specialize in Aboriginal education. May be of particular interest to Aboriginal students, those with experience in Aboriginal education, and mature students. Includes courses with Aboriginal-specific content and practice teaching placements in First Nations or provincial schools. ATEP intake begins in May each year.

Eagle Learning Cafe

<http://www.stlawrencecollege.ca/campuses-and-services/services-and-facilities/aboriginal-support>

Room 33400, St. Lawrence College, 100 Portsmouth Ave., Kingston, ON K7L 5A6

Mary Ann Lyons, Aboriginal Advisor, Coordinator of Aboriginal Services

613-544-5400, ext. 1551

mlyons@sl.on.ca

Support and assistance with application and transition processes, funding and bursary applications, referrals to College services, and links to community. Join us for social and cultural events, mentoring, and much more! Services are available to all students who self-identify as Indigenous. Watch the YOUTUBE video to learn more <https://www.youtube.com/watch?v=cP3R1olmE74>.

Four Directions Aboriginal Student Centre

<http://www.queensu.ca/fdasc>

146 Barrie Street, Kingston, ON K7L 3N6

Vanessa McCourt, Aboriginal Advisor - 613-533-6970

Email: 4direct@queensu.ca

Provides cultural, academic, socially based support for Indigenous students; some events open to community members. Contact for information about Moon and Water Ceremonies, and workshops.

Katarokwi Aboriginal School

http://www.limestone.on.ca/Programs/Aboriginal_Ed/K_Profile

66 Harvey Street, Kingston, ON K7K 5B9

Kelly Maracle, Aboriginal Education Worker - 613-767-1266

Focus program in Limestone District School Board intended to provide students who self-identify as Aboriginal with safe, inclusive, culturally rich learning environment. Focus on respect for self and others, and Aboriginal traditions and community. Includes regular visits by Elders, and curriculum reflecting Aboriginal cultures, histories and perspectives. Offers four credits per semester and option of independent learning courses. Assistance with application and transition processes, funding and bursary applications, referrals to College services, and links to community available.

To learn more: <http://www.youtube.com/watch?v=cP3R1oImE74>

Employment

Kagita Mikam Aboriginal Employment and Training

www.kagitamikam.org

182 Sydenham Street, Kingston, ON K7K 3M2

Natasha Maracle, Employment Development Officer - 613-536-7054

natasha@kagitamikam.org

Provides training and employment services designed to help clients get back into the workforce, including stay in school and summer youth initiatives. Works cooperatively with all Aboriginal and First Nations organizations.

Métis Nation of Ontario: Employment & Training & Education Branch

<http://www.metisnation.org/>

629 Division Street, Kingston, ON K7K 4B7

Elaine Jeffery, Regional Employment & Training Coordinator; ElaineJ@metisnation.org

613-549-1674 ext. 306

Services open to any person who self-identifies as a Métis residing in Ontario (NOT registered as an Indian under Indian Act or as Inuk on an Inuit registry. Application must meet program eligibility criteria. Applicants must complete intake and assessment process. Funding depends on budget availability and approval from Regional Advisory Committee. Additional information is available on website.

Healthy Pregnancies, Healthy Babies (Pre & Postnatal Services)

Métis Nation of Ontario: Metis Healthy Babies Healthy Children

629 Division Street, Kingston, On K7K 4B6

Joie Ouderkirk - 613-549-1674 ext. 308

Culturally appropriate, client centered services designed to increase knowledge and strengthen skills for healthy decision-making, including baby weight monitoring, play based learning, parenting skills and access to developmental supports

Holistic Approaches to Wellbeing (Health & Mental Health Services)

Kingston General Hospital

www.kgh.on.ca

76 Stuart Street, Kingston, ON K7L 2V7

On Call Chaplain - 613-549-6666 'dial 0' for the operator

To access sacred medicines or arrange smudging in hospital setting, contact Chaplain on-call by calling hospital switchboard

Métis Nation of Ontario: Community Support Services

629 Division Street, Kingston, ON K7K 4B6

Brittany Maracle - 613-549-1674 ext. 304

Provides community-based culturally appropriate services to urban Aboriginal individuals and families experiencing family violence; promotes knowledge and skills leading to better health outcomes. Services include crisis intervention; peer counselling; referrals and advocacy; practical assistance completing forms; and accompaniments

Métis Nation of Ontario: Community Wellness

629 Division Street, Kingston, ON K7K 4B6

Samantha Alkenbrack - 613-549-1674 ext. 311

Provides community-based culturally appropriate services to urban Aboriginal individuals and families experiencing challenges managing chronic diseases, who have terminal illnesses or are experiencing barriers accessing health care. Supports frail elderly and other facing social isolation

Métis Nation of Ontario: Mental Health and Addictions

629 Division Street, Kingston, ON K7K 4B6

Clarice Gervais - 613-549-1674 ext.302

Promotes mental health in holistic way; helps clients identify mental wellness goals and develop plan to overcome challenges relating to mental health and addictions

Providence Care Hospital

752 King Street West, Kingston, ON K7L 4X3

Patricia Van Boxmerr, Health Administrator

613-544-4900, ext. 52183

Links to sacred medicines and smudging at Providence Care Hospital

Street Health Centre: Indigenous Health Program

115 Barrack Street, Kingston, ON K7K 1G2

David Jock - 613-549-1440

Holistic approach to healing and wellness in physical, emotional, mental, spiritual domains. Provides Traditional counseling, doctoring, weekly drum circle, outreach to youth and street-involved people, and home and hospital visits.

Weeneebayko Patient Services (WPS) <http://www.hoteldieu.com/wpsmain.html>

Hotel Dieu Hospital, 166 Brock Street, Kingston, ON K7L 5G2

Midge Rouse - 613-544-3400 ext. 3070

wps@hdh.kari.net

Provides case management, liaison and referral, admission and discharge planning, basic counselling, accommodation, and meals to Mushkegowuk Cree persons referred to Kingston hospitals from Weeneebayko Area Health Authority.

Housing

Tipi Moza Affordable Housing

www.tipimoza.com

993 Princess Street, Suite 204/205, Kingston, ON K7L 1H3

Fax # 613-507-7267

Carol Loft, Housing Outreach Worker - 613-547-1135

Martha Beach, Housing Manager - 613-547-1134

mbeach@kingston.net

Provides culturally appropriate, rent geared to income, affordable and subsidized housing for Aboriginal, Metis and Inuit people in City of Kingston.

Information and Libraries (Genealogy & Cultural Resources)

Kingston Aboriginal Community Information Network

<https://www.facebook.com/groups/KACINKingstonAboriginal/>

Bi-monthly networking meeting for workers in Indigenous organizations or organizations providing Indigenous programming. Learn more through Facebook link.

Kingston Frontenac Public Library: Genealogy

<http://www.kfpl.ca>

Central Branch, 130 Johnson Street, Kingston, ON K7L 1X8

Joanne Stanbridge - 613-549-8888 ext. 1590

Visit web page for genealogy resources and access to Ancestry.com while in library.

Provides programming for children, teens and adults – everything from story time to technology tutoring. Library branches in Kingston: Central; Calvin Park; Isabel Turner; Kings Court; and Pittsburgh (New branch planned for Rideau Heights in 2016)

Library branches in Frontenac County: Arden; Cloyne; Hartington; Howe Island; Mountain Grove; Parham; Plevna; Sharbot Lake; Storrington; Sydenham; Wolfe Island

Safety

Aboriginal & Rural Women's Outreach Program

<http://kingstonintervalhouse.com/second-stage-housing-outreach-services/outreach/aboriginal-outreach-program/>

Kingston Interval House, PO Box 21042 Kingston, ON K7L 5P5

Jolie Brant - 613-546-1833, ext. 22

Crisis line: 613-546-1777 or 1-800-267-9445; TTYline: 613-546-4461

Culturally relevant services for Aboriginal women experiencing violence, including home visits, counselling, safety planning, court and legal support. Traditional teachings, healing ceremonies, and women's circles. Office space at Northern Frontenac Community Services.